



**COVID-19 IS CONTINUING  
TO SPREAD**



World Health  
Organization

# YOUR HEALTH IS PRECIOUS

Protect yourself and others by taking six simple steps, starting with getting all recommended doses of COVID-19 vaccine.



VACCINE



KEEP A SAFE  
DISTANCE



WEAR  
A MASK



COUGH OR SNEEZE  
INTO YOUR ELBOW



OPEN  
WINDOWS



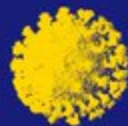
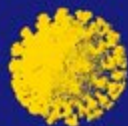
CLEAN YOUR  
HANDS



World Health  
Organization



**GET ALL VACCINE DOSES  
RECOMMENDED TO YOU  
AS SOON AS YOU CAN  
TO GET THE  
BEST PROTECTION.**



30 June 2022



World Health  
Organization

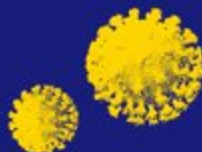


**GETTING VACCINATED  
PROTECTS YOU FROM  
HOSPITALIZATION, SERIOUS  
DISEASE AND DEATH**





**VACCINATION MAY ALSO  
HELP PROTECT YOU  
FROM LONG-COVID.**



World Health  
Organization